

### To The Point

#### Term 3 Week 5 2022:

19 August 2022

#### <u>Dates for your Diary:</u>

| Wednesday 24 August    | Zone Athletics Carnival                         |
|------------------------|---|
| Thursday 25 August     | Open Day - Book Week Parade and Book Fair       |
| Friday 26 August       | Winter season PSSA concludes                    |
| Wednesday 31 August    | ICAS maths test                                 |
| Thursday 1 September   | Menai High year 7 2023 transition program       |
| Thursday 8 September   | Menai High year 7 2023 transition program       |
| Thursday 14 September  | Sydney East Athletics Carnival – SOPAC Homebush |
| Thursday 15 September  | Menai High year 7 2023 transition program       |
| Friday 16 September    | Summer season PSSA starts                       |
| Tuesday 20 September   | SRC sports colours day                          |
| Wednesday 21 September | Inspire by Nature Visa Arts enrichment program  |
| Thursday 22 September  | Menai High year 7 2023 transition program       |
| Friday 23 September    | Cerebral Palsy Awareness Day                    |
| Friday 23 September    | Last day term 3                                 |

#### Principal's Message

#### **Open Day**

Thursday 25 August is open day at Alfords Point Public School. Parent/Carers are invited to join us to celebrate. We have a busy morning planned with the book fair, book week parade, open classrooms and a BBQ sausage sizzle lunch.

## Open Day at Alfords Point Public School

Thursday 25 August

8.30am - Book Fair in the library
9.15am - Book Week Parade in the hall
10am - Open classrooms
11am (approx.) - BBQ sausage sizzle in the playground – bring a picnic rug

12pm - end of open day

#### **Zone Athletics**

We wish all students who are representing Alfords Point Public School the very best of luck at the Zone Athletics Carnival which will be held next Wednesday at Sylvania Athletics Track.

#### Kindergarten 2023 – enrolling now!

Enrolments for 2023 Kindergarten are now open. If you have a child starting in 2023 please complete an enrolment form and return it to the school office. Enrolment forms are available online and from the front office. Applications can be accessed online at: https://alfordspt-p.schools.nsw.gov.au/about-our-school/enrolment.html

Annette Wein Principal

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### Term 3 Week 5 2022:

#### Sausage Sizzle – Year 6 Fundraiser

Thank you to the families who have already ordered their sausage sizzle lunch for next Thursday's rescheduled Open Education Day. Your orders have been processed. There is one final opportunity to place an order for the rescheduled sausage sizzle lunch on Thursday 25 August 2022, cooked by the Year 6 families. The funds from this sausage sizzle will help to pay for the Year 6 Farewell that will be held at Club Central Menai. A rescheduled note has been sent home to those families who have not previously ordered for the sausage sizzle lunch. Please return the order form to school with cash only enclosed by 3pm Monday 22 August 2022.

Sorry, we are unable to accept any late orders and there will be NO sales available on the actual day. For the great price of only \$5 Year 6 are offering a Combo deal containing a sausage on a roll with a drink choice of either a bottle of water or a juice. Get your orders in early to avoid disappointment.

#### Year 6 Students and Teachers

#### SRC News

#### Fruit & Veg Month 2022

Our school will be participating in Fruit & Veg Month which runs from Monday 29 August to Friday 23 September. The theme for this year's event is 'Building Fruit & Veg Communities!' Fruit & Veg Month is a health promotion event that aims to encourage increased fruit and vegetable consumption amongst NSW primary school children through engaging activities for the classroom, whole of school and at home. The event is funded by NSW Health.

As part of Fruit & Veg Month, students will be involved in various class activities. The SRC will run a design your own 'seed packet' for your favourite vegetable competition. All entries will be sent to the Healthy Kids Association and students may win one of seven great prize packs. Each pack includes a guidebook for gardening, a seed bundle, a hand trowel and a pair of kids gloves.

Students will receive their entry form in Week 7 and all entries need to be brought back by the end of Week 9.

To promote the importance of healthy eating our school canteen will be selling 'Rainbow Vege Sticks' for 70c, Avocado dip for 50c, Apple Slinkies 80c, Frozen Pineapple 50c, Seasonal Fruit 50c and Fruit Cups for \$1.00. These will be sold every day the canteen is operational.

All classes will take part in the Fruit & Vege class competition beginning in Week 7 and the class that has consumed the most Fruit & Vegetables will get to make their own 'Vege Pizzas' in our school canteen.

#### Maria Panourgias and Emily Townsend.

#### Menai High School Transition Program

Menai High School Transition Program for Year 6 students runs for four consecutive Thursday afternoons between 12:30pm and 1:45pm. Students from Alfords Point Public School will complete their program on 1 September, 8 September, 15 September and 22 September. Travel to and from Menai High School is the responsibility of the parent/caregiver.

#### Stage 3 Teachers

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#### SPORTS NEWS

#### Annual Alfords Point Public School Athletics Carnival

Last Tuesday week, 9 August, we had our second attempt with clear conditions for students to compete in the Annual Alfords Point Public School Athletics Carnival. The weather was quite fresh, the grounds were dry and the students shone as they participated in a variety of events and activities. Illawong Athletics Inc. supplied the long jump equipment and PA, along with a staff member to open the track. Our students looked the part dressed in their house colours and displayed great sportsmanship whilst gaining lots of house points. They cheered on their peers, showing team spirit, chanting war cries and they looked spectacular whilst marching.

We began the day down at the long jump pits where the students 8-12yrs leapt long lengths and over each of their three jumps improved doing PBs. Whilst this was happening the students K-2 arrived and settled in for the day. Next was the March Past and it was very impressive. The teams marched around the track finishing in a formation in front of spectators who made the most of this wonderful photo opportunity. For the eleventh year the purple team marched beautifully to complete the formation. Participation by the students in the 50, 100, 200, 800 and 1500 metre track events saw fast times. Congratulations to Anthony who quite convincingly broke two long standing records - the 11yrs 100m in a time of 13.96 seconds and the 11yrs 200m in a time of 29.34. Congratulations also to Kosta who broke a record – the Junior 200m in a time of 32.78.

The carnival was a huge success and ran smoothly because our school community worked together whilst having fun and enjoying the activities. Thank you to those that made the success of our carnival possible:- the students, the teachers and Sigrid Appel, Khadiga & Lina Zreik, Erica McKechnie, Tia Croft, Stacey Bolton, Teigan Beckwith and Catherine Holland.

The Kindy to Year 2 activity carnival, out in the middle of the ground was loads of fun. The students participated in many activities and I'm sure slept well that night. All results and place-getters from this carnival have been published and attached to this newsletter. The Alfords Point Public School squad of 43 students that will be attending the Engadine Zone Athletics Carnival next Wednesday are all organised, they have their representative singlets and are keen to compete at this higher level, we wish them all the very best. Once again thank you and well done to everyone involved in our APPS Annual Athletics Carnival.

The Athletics Carnival place getter ribbons were presented last Tuesday in our regular whole school assembly. Many thanks must go to all the Alfords Point staff whose efficiency on the day meant all official results and paperwork could be finalised promptly, leading to the completion of all ribbons. The field events carnival last term provided many house points that have now been added to the points gained from the track events. These tallied points were used to determine the overall 2022 Athletics Carnival winning house. In first place are the Blue Kookaburras(542pts), second the Red Rosellas(478pts), third the Green Lorikeets(455pts) and fourth the Yellow Cockatoos(444pts). Congratulations to all competitors.

#### PSSA

Today was the second last round of the winter PSSA competition. The teachers and students have been enjoying the opportunity these matches have given them to compete against other schools in the Engadine Zone. The upcoming summer PSSA competition commences on Friday 16 September, it is a ten week season that concludes on 2 December.



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This week students were given the opportunity to add their names to an expression of interest for the upcoming Summer PSSA season. This year, in the summer PSSA competitions, Alfords Point will be entering one senior (from years 5 & 6) boys Cricket team, one senior (from years 5 & 6) girls Softball team, one junior (from years 3 & 4) boys T-Ball team and one junior girls (from years 3 & 4) T-Ball team.

Trials for positions in these teams will take place during school sport sessions during weeks 7 and 8 for those interested students. Parents of interested students will be given an expression of interest permission note that shows their agreeance to their child being part of the Alfords Point summer PSSA teams.

#### **Debbie Burke**

| Student of the Week Term 3<br>Week 5 |   |  |
|--------------------------------------|---|--|
| KD                                   | Violet  |  |
| 1/2M<br>2/3R<br>3/4C<br>3/4T         | Spencer<br>Iman<br>Mohamad<br>Felisia<br>Reuben<br>Archie<br>Lila |  |
| <b>0</b> , <b>0</b> , <b>1</b>       |   |  |

#### Values Rock – Friendliness and Acceptance

| KD   | Jesse, Zsa Zsa |
|------|----------------|
| 1/2L | Hayley, Roman  |
| 1/2M | Braith, Marc   |
| 2/3R | James, Blake   |
| 3/4C | Sarah, Ridion  |
| 3/4T | Emily, Kayden  |
| 5/6B | Lila, Faleola  |
| 5/6M | Noah, Eva      |



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#### Term 3 Week 5 2022:

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#### Values Rock – Co-operation and Fairness

#### PSSA Results - Week 4

Senior soccer lost, junior soccer maroon won, junior soccer blue won, senior netball red lost, senior netball green 1 lost, senior netball green 2 lost, junior netball green won.

#### PSSA Results - Week 5

Senior soccer lost, junior soccer maroon lost, junior soccer blue won, senior netball red won, senior netball green 1 lost, senior netball green 2 won, junior netball green won.



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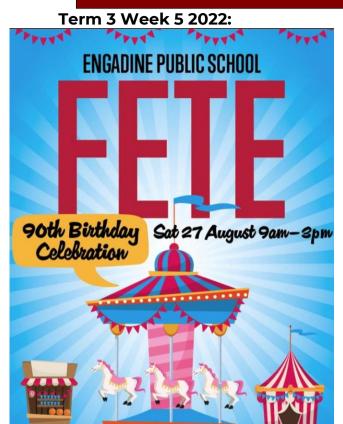


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